



## Skin Care Consent And Release Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address:

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Home Phone: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Does your job require that you work outdoors? No Yes

Referred by: \_\_\_\_\_

What would you like to achieve from your treatment today?

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What service are you having today?(please circle)

Facial Back Facial Microdermabrasion Chemical Peel Microcurrent High Frequency

1) Have you ever had a facial treatment before? No Yes,  
When? \_\_\_\_\_

2) Which of the following best describes your skin type? (Please circle one type number)

1. Creamy complexion, always burns easily, never tans

- 2. Light complexion, always burns, tans slightly
- 3. Light/Matte complexion, burns moderately, tans gradually
- 4. Matte complexion, seldom burns, always tans well
- 5. Brown complexion, rarely burns, deep tan
- 6. Black complexion, never burns, deeply pigmented

3) Do you have any special skin problems or concerns pertaining to your face or body? Yes No  
Specify: \_\_\_\_\_  
\_\_\_\_\_

4) Have you ever had chemical peels, laser or microdermabrasion? No Yes  
In the last month? No Yes

5) Do you use Retin-A, Renova, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products? No Yes  
Describe:  
\_\_\_\_\_  
\_\_\_\_\_

6) Have you used any of the above products in the last 3 months? No Yes

7) Have you used an acne medication? No Yes, When? \_\_\_\_\_

8) What skin care products are you currently using?  
\_\_\_\_\_

9) Have you recently used any self-tanning lotions, creams or treatments? No Yes  
Specify: \_\_\_\_\_

10) Have you used any of the following hair removal methods in the past six weeks? No Yes  
(circle all that apply.)

- Shaving
- Waxing
- Electrolysis
- Plucking
- Tweezing
- Threading

11) What areas of concern do you have regarding your:

**Skin:** (Please check any that apply and explain)

- |   |  |
|---|--|
| Breakouts/acne <input type="checkbox"/>                 | Blackheads/whiteheads <input type="checkbox"/> |
| Excessive oil/shine <input type="checkbox"/>            | Rosacea <input type="checkbox"/>               |
| Broken capillaries <input type="checkbox"/>             | Redness/ruddiness <input type="checkbox"/>     |
| Sun spot/liver spot/brown spot <input type="checkbox"/> | Uneven skin tone <input type="checkbox"/>      |
| Sun damage <input type="checkbox"/>                     | Wrinkles/fine lines <input type="checkbox"/>   |
| Dull/dry skin <input type="checkbox"/>                  | Flaky skin <input type="checkbox"/>            |
| Other _____   | Dehydrated <input type="checkbox"/>            |

**Eyes:**

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| Dehydrated <input type="checkbox"/> | Wrinkles <input type="checkbox"/>     |
| Puffiness <input type="checkbox"/>  | Dark circles <input type="checkbox"/> |

**Lips:**

- |                                     |   |
|-------------------------------------|---|
| Dehydrated <input type="checkbox"/> | Cracked/chapped lips <input type="checkbox"/> |
| Other: _____                        |   |

12) Do you have allergies? Please list(food,medications,seasonal,etc.)

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13) What SPF do you use on your face? \_\_\_\_\_ How often/when? \_\_\_\_\_

14) What SPF do you use on your body? \_\_\_\_\_ How often/when? \_\_\_\_\_

15) Have you had any recent tanning bed or sun exposure that changed the color of your skin?

Yes No

specify: \_\_\_\_\_

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16) Have you experienced Botox, Restylane or Collagen injections? No Yes

specify: \_\_\_\_\_

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Female Clients Only:

17) Are you taking oral contraceptives? No Yes

specify: \_\_\_\_\_

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18) Any recent changes to or from your contraceptive treatment? No Yes

If so, what and when:

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19) Are you pregnant or trying to become pregnant? No Yes

20) Are you lactating? No Yes

21) Any menopause problems? No Yes

specify: \_\_\_\_\_

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22) Are you undergoing hormone replacement therapy? No Yes

specify: \_\_\_\_\_

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Male Clients Only:

23) What is your current shaving system? Wet shave Electric

24) Do you experience irritation from shaving? No Yes    Ingrown hairs? No Yes

May we contact you via mail/email about future promotions and news? No Yes

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive at Brow A Beauty Boutique are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client Signature: \_\_\_\_\_

Esthetician Signature \_\_\_\_\_